

Friday 25th April 2025



@Holy\_TrinityCE Summer Term 1 issue 91

Dear Parents/Carers,

Welcome back to school. We hope you have had a wonderful break and enjoyed the marvellous sunshine that we were blessed with.

## Farewell Message



We will be saying a sad farewell to Reverend Richard Dormandy who will be retiring as the Vicar of Holy Trinity Church and Holy Trinity Primary School next week.

Reverend Dormandy has worked and prayed with us for many years and has inspired and engaged our pupils in developing a deeper understanding of the bible.

We have been blessed with his talent of retelling bible stories through songs and music all self composed, every week he has led collective worship where the children have enjoyed a creative spiritual learning journey.

We are very thankful to him for all his efforts and hard work in the Tulse Hill community.

We would like to thank Reverend Dormandy for his dedication and commitment to Holy Trinity Primary School .

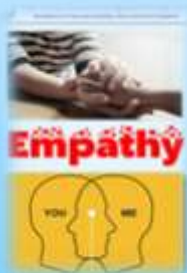
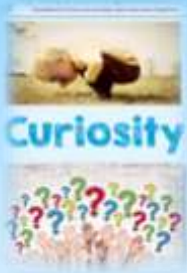
**"The steps of a man are ordered by the LORD who takes delight in his journey" (Psalm 37: 23)**

He will be missed.

We pray that God will continue to bless him in all that he does in the future and we wish him God's speed .

Have a restful weekend

Ms Thomas



# Excellence in how we worship, learn and work together!

# Holy Trinity Values Ambassador



Our Pupil Values Ambassadors this week is  
Andrew Prempeh Junior

You always show empathy and kindness towards your  
peers, you are an amazing class role model. Well done!

## Holy Trinity Staff Values Ambassador



Our Staff Values Ambassador this week is  
Mrs Adjaye, Ms Williams & Team

You are always willing and ready to help our school in all  
situations. Thank you.

**Excellence in how we worship, learn and work together!**



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to build an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

## What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

### 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

### 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

### 3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss what they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

### 4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

### 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used, spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces. Involving your child in creating this agreement makes them more likely to stick to it.

### Meet Our Expert

Shazia Sarwar-Asim is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



### 6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

### 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

### 8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

### 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

### 10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Source: <https://www.bbc.com/news/health-56100000>  
Headteacher's guide to social media safety



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety

**NOS** National Online Safety  
#WakeUpWednesday





# Learning In Focus



**YR6 Pupils conducted quantitative & qualitative studies @ Greenwich park, using weather monitoring equipment to considered the suitability of different areas of the park for a renewable energy plant**





# AFTERSCHOOL CLUB

**FREE 6 week programme for ages 8 - 12,  
every Thursday 4 - 6pm**

Take part in an exciting project that explores themes of biodiversity, sustainability and environmental issues.

This fun club helps develop communication, collaboration, critical thinking, creativity and confidence.

## Registration

Spring Term 2: 27th February - 27th March  
Summer Term 1: 24th April - 22nd May



This opportunity is for students from low-income households or who receive benefit-related free-school meals and would benefit academically from this programme.



For more information and to sign up please  
email [education@vauxhallcityfarm.org](mailto:education@vauxhallcityfarm.org)

# COMMUNITY NEWS

## KINETIKA BLOCO JUNIOR SUMMER SCHOOL

This year, we're celebrating #25years of Kinetika Bloco and #10years of Junior Summer School!  
Join us as we mark a decade of Junior Bloco with a special anniversary theme!

Join us for **Junior Summer School** with 140 young people from South London learning Dance, Brass, Woodwind, Steel Pans and Drums together to create a carnival performance in just 5 days.

**28th July-1st  
August 2025**

**Who**  
Young people  
aged 8-13  
years

**Where**  
Hitherfield Primary School & Children's Centre  
Leigham vale Streatham,  
London, SW16 2JQ

**What to do**

**You MUST book in advance.**

For more information and sign-up visit

[www.kinetikabloco.co.uk/join-us/#junior-summer-school](http://www.kinetikabloco.co.uk/join-us/#junior-summer-school)

Suggested donation of £15  
(free places available for those who need it)

We also run a Summer School for young people aged 14-25. Check out the website for more info!



KinetikaBloco



kinetika\_bloco



KinetikaBloco

If you have any questions or need help with the form please get in touch on 020 7960 4232 or  
with Shayanna at [shayanna@kinetikabloco.co.uk](mailto:shayanna@kinetikabloco.co.uk)



LIGHTBULB  
TRUST

**Excellence in how we worship, learn and work together!**



# COMMUNITY NEWS



## Low Cost/No Cost Family Fun in London

Please look at the organisations' websites to double check times and arrangements



### Six **FREE** events to do at the National History Museum

- 1. Slings like a Gladiator**  
 Do your best Roman impression as you explore the different time periods in which gladiators lived, sort the facts from the myths about why they died and what scientific research has taught us about these prehistoric gladiators.  
 Location - Gladiator Gallery
- 2. Take a photo with Andy's Clocks**  
 Whiteout, Glamo, Hix. Take one to the time of the dinosaurs! Keep an eye out for Andy's clock from the Cheekles show.  
 Andy's Dinosaur Adventures and Andy's Prehistoric Adventures.  
 Location - Central Café
- 3. Quake in your boots**  
 Learn about the amazing natural forces that help shape our planet in the Volcanoes and Earthquakes gallery. From the ruins of victims from the Mount Vesuvius eruption of AD 79 to objects made by lava flows, the Earth's surface is laid bare in this gallery.  
 Don't forget to try out the earthquake simulator.  
 Location - Red Zone. Travel up the escalator in Earth Hall and turn left.
- 4. Hang out with Hope**  
 You're in for the biggest welcome in London. Look up at the statue of the time whale - the largest animal on Earth. This funny time whale is named Hope, is a symbol of humanity's power to shape a sustainable future.  
 Location - Huxley Hall
- 5. Say hi to a Dinosaur**  
 Meet this incredible dinosaur specimen, the most intact Dinosaurian fossil skeleton ever found. It's three metres tall and almost six metres long, giving you a dramatic welcome to Earth Hall.  
 Location - Earth Hall
- 6. Get curious in our new gardens**  
 Save the planet for dinosaurs; follow in the footsteps of our earliest human ancestors and learn what the future of our planet might look like, all in our new Gardens.  
 Location - Our Gardens

For more ideas check out our [family fun guide](https://www.familyfun.org.uk/) or visit our [website](https://www.familyfun.org.uk/)



### Little Vet Experience - Fun & Educational Adventures for Kids **FREE**

At Haini Vet London Fields, where kids can role-play as Veterinarians and learn how to care for animals! Young animal lovers can have hands-on fun and learn what it's like to be a vet. An interactive session, kids will step into the world of pet care through engaging activities, real-life demonstrations and exciting games.  
 For children aged 4 - 10 years  
 10<sup>th</sup> and 17<sup>th</sup> April - three 1hr sessions each day.  
 Choose the time that works best for you.  
<https://www.hainivet.co.uk/>  
 Unit A, 2 Tisbury Road, London E2 9EP

### Mindful Moments: Saving Bees **FREE**

A 12-week course for people of all levels to explore creativity through the medium of sewing. Exploring both hand and machine sewing, this mindful activity will not only provide new skills but leave you feeling relaxed and uplifted.  
 Running on Wednesdays from 10<sup>th</sup> April 10am - 12noon  
 24 Vaseau's Rd, South Wood, SWT 1AS  
 07950 445920  
 Email [LeanneT@vaseau.co.uk](mailto:LeanneT@vaseau.co.uk)

### IT Skills Workshops **FREE**

Adult workshops, where the focus will be on improving IT skills and providing guidance and support in connecting all things tech.  
 Every Wednesday 11am - 1pm (booking required).  
 24 Vaseau's Rd, South Wood, SWT 1AS  
 07950 445920  
 Email [LeanneT@vaseau.co.uk](mailto:LeanneT@vaseau.co.uk)

For more ideas check out our [family fun guide](https://www.familyfun.org.uk/) or visit our [website](https://www.familyfun.org.uk/)



Excellence in how we worship, learn and work together!

# ONLINE SAFETY NEWSFLASH



## Punctuality News

EVERY  
MINUTE  
COUNTS

|               |                  |     |
|---------------|------------------|-----|
| Bunny Class   | Needs to improve | 81% |
| Badger Class  | Good             | 90% |
| Bear Class    | Excellent        | 92% |
| Puma Class    | Needs to improve | 89% |
| Panther Class | Good             | 97% |
| Cheetah Class | Good             | 91% |
| Lion Class    | Good             | 91% |
| Tiger Class   | Excellent        | 96% |



Better late  
than never,  
but never late  
is better.



Our registers close at 9am every day.



# IMPORTANT DATES FOR YOUR DIARIES

\* 29th April: Governors Achievement & Proogress Meeting

| Term                     | Start Date  | Finish Date   | Number of Days   |
|--------------------------|---|---|--|
| <b>Autumn One</b>        |   |   |  |
| <b>Term One (2024)</b>   | <b>Wednesday 4<sup>th</sup> September 2024</b><br>Children return to school<br><i>Monday 2<sup>nd</sup> and Tuesday 3<sup>rd</sup> September – INSET Days</i> | <b>Friday 25<sup>th</sup> October</b>   | <b>38 days</b>   |
| Holiday                  | Monday 28 <sup>th</sup> October   | Friday 1 <sup>st</sup> November   |  |
| <b>Autumn Two</b>        |   |   |  |
| <b>Term Two</b>          | <b>Monday 4<sup>th</sup> November</b>   | <b>Thursday 19<sup>th</sup> December</b><br><i>Friday 20<sup>th</sup> December IN-SET Day</i> | <b>34 days</b>   |
| Holiday                  | Monday 23 <sup>rd</sup> December  | Friday 3 <sup>rd</sup> January 2025   |  |
| <b>Spring One</b>        |   |   |  |
| <b>Term Three (2025)</b> | <b>Tuesday 7<sup>th</sup> January 2025</b><br>Children return to school<br><i>Monday 6<sup>th</sup> – INSET Day</i>   | <b>Friday 14<sup>th</sup> February</b>  | <b>29 days</b>   |
| Holiday                  | Monday 17 <sup>th</sup> February  | Friday 21 <sup>st</sup> February  |  |
| <b>Spring Two</b>        |   |   |  |
| <b>Term Four</b>         | <b>Monday 24<sup>th</sup> February</b>  | <b>Friday 4<sup>th</sup> April</b>  | <b>30 days</b>   |
| Holiday                  | Monday 7 <sup>th</sup> April  | Monday 21 <sup>st</sup> April   |  |
| <b>Summer One</b>        |   |   |  |
| <b>Term Five</b>         | <b>Tuesday 22<sup>nd</sup> April</b>  | <b>Friday 23<sup>rd</sup> May</b>   | <b>23 days</b>   |
| Bank Holiday             | Monday 26 <sup>th</sup> May 2025  |   |  |
| Holiday                  | Tuesday 27 <sup>th</sup> May  | Friday 30 <sup>th</sup> May   |  |
| <b>Summer Two</b>        |   |   |  |
| <b>Term Six</b>          | <i>Monday 2<sup>nd</sup> June INSET Day</i><br><b>Tuesday 3<sup>rd</sup> June</b><br>Children return to school  | <b>Tuesday 22<sup>nd</sup> July</b>   | <b>36 days</b>   |
|                          |   |   | <b>Total = 195 days</b><br><b>Total Teaching Days = 190 Days</b> |

**Excellence in how we worship, learn and work together!**