



# Newsdesk

Friday 18th October 2024



@Holy\_TrinityCE Autumn Term 1 Issue 72

Dear Parents/Carers,

This week our year 6 pupils participated in a TFL Citizens programme. This programme aims to prepare year 6 children for independent travel upon starting secondary school. The prospect of travelling to secondary school in the near future can be both exciting and anxious for some children. The programme was led by a Transport for London Officer who informed the pupils of the tools for safe and responsible travel on public transport.



Our year 6 pupils found today's session to be very informative and when asked what they had learnt. Here are some of the responses:

'I learnt that it important to stand away from the kerb whilst waiting for a bus, the distance should be at the measurement of my height.'

'Not to stand on the stairs whilst the bus is moving.'

'To press the yellow button in an emergency.'

'To seek help from a member of staff or police if there is a problem.'

They gained a deeper understanding of what it means to travel safely.



A wonderful and uplifting Collective Praise and worship led by Ms Katarina, The children sang a new worship song and from the film: The sound of Music, they learnt the words and actions to the song 'Doh a Deer.' A very uplifting morning!



'I can try new things' was demonstrated by Ms Jackson who showed the children the impact of practicing our value of curiosity by drawing upon her senses to identify the hidden fruits. We were all inspired to try something new and explore learning a new skill. Have an amazing weekend

Kind regards  
Ms Thomas

# Holy Trinity Values Ambassador



Our Pupil Values Ambassador this week is  
Artur Singh

You demonstrate all our school values each day. You have been especially helpful and thoughtful towards others. Well done

# Holy Trinity Staff Values Ambassador



Our Staff Values Ambassadors this week is  
Mrs Joyce Attara

You have been a source of encouragement to others, you are always focused on achieving the best each day.  
Thank you for all your efforts.

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# FAITH FOUNDATION



**Almighty God our Heavenly Father, we thank you for today and all the opportunities we are given to show your love for us through the way in which we treat each other and our neighbours.**

**Help us Lord to reflect your goodness and your loving kindness in all that we do.**

**Give us the courage to say the right words to help prevent bullying taking place, guide us as we work and play together in harmony, embracing and celebrating our uniqueness.**

**You are Lord of all and we look to you for refuge and for being our very present helper in times of trouble.**

**As we ponder on what the world is going through presently with war between Israel & Palestine, Russia & Ukraine and other parts. We pray for world peace.**

**Give us that spirit of boldness, compassion and empathy and to be like the Good Samaritan who chose to help someone hurt and in pain whilst others passed by and did nothing.**

**May we choose to be more like you each day.**

**We thank you for being our rock, our deliverer and our comforter.**

**In Jesus name we pray,**

**Amen**

**Excellence in how we worship, learn and work together!**

Children were thrilled this week during science club with dancing raisins and rice experiments.

They first experimented with water which they found out that there was no carbon dioxide to push the raisins or the rice.

WATCH THIS SPACE FOR NEXT WEEKS FUN EXPERIMENTS!



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# Learning In Focus



In recognition of Black History month, Puma Class went on an expedition through Stockwell and Brixton to learn about the Caribbean contribution to the community, from the Windrush generation.



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# ONLINE SAFETY NEWSFLASH

At National Online Safety, we work on keeping young people, parents and teachers up to date with the latest news on online safety. We also work with our partners to help young people, parents and teachers to stay safe online. We also work with our partners to help young people, parents and teachers to stay safe online.

## What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to get drawn into rabbit holes that aren't beneficial to our wellbeing. As platforms grapple with managing such legal but harmful content, lives are being impacted, sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental health, recognising when something isn't OK, and knowing what to do about content that upsets them.

### 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interests, sometimes using regularly updated data to adjust what they see. For example, if a user browses content that can cause harm, their account will be recommended to them in future. Conversely, when a bad day and feeds for posts which reflect their mood will find similar content being suggested to them more and more.



### 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown, there can still be entry points through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform's privacy settings to see how you can take control of what your child's phone shows them when they open the app.

### 3. DISCUSS WHAT THEY'VE SEEN

Talking about what your child's seen online, from your perspective of the content they're using, is important. Don't assume they're immune to anything out there, or that your child won't recognise content as being harmful. Discuss who they're following, what posts they like and what comes up in their feeds. If you're hearing it, it could be time for a more in-depth talk or to seek support.



### 4. LEARN HOW TO HIDE CONTENT

If your child struggles across unfiltered content on social media, there's the option to hide that post as well as reporting your child's profile. Any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.



### 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used, providing time logs on how often a child switches out on other activities that are important for their wellbeing. You could set some family rules for screens to follow - smart devices can, such as screen time limits and bedtime, to help your child in creating this agreement, makes them more likely to stick to it.



### 6. MONITOR THEIR ACTIVITY

Keeping a close eye on how your child is using social media can help ensure they're not accessing potentially dangerous situations. As they grow up, of course, children need space to explore their independence, but you can still occasionally peek to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

### 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check our email or messages as soon as the alert sound plays. Push notifications encourage us to be constantly connected and spend time on their devices, so turning them off will help your child to prioritise what's most important to them. Most of us have other things that we need to focus on as a priority - and these notifications will still be there later, when we have more time.



### 8. USE DEVICES TOGETHER

Using children's internet-enabled devices and complete freedom to explore a platform on their own can result in exposure to highly damaging content. You could consider making a particular time or having a designated space to use phones, tablets and so on, involving a trusted adult to monitor what content your child is viewing and, if necessary, steer them away from any potentially harmful paths.



### 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, reading, time with loved ones, a balanced diet and regular sleep for our mental wellbeing. Spending hours on social media can reduce the amount of other activities that our kids need to feel well - so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be increasingly beneficial.



### 10. TALK ABOUT PEER PRESSURE

Most platforms tailor children's accounts to photos, so only people they're connected to friends will see their posts. This reduces the risk of bullying or unkind comments, but it's not the only life - the digital world can still leave children feel as if they need to do or have a certain way to fit in. Talk to your child about peer pressure, and what to do if they're not sure how to respond to the support they need.



### Meet Our Expert

Shirley Townsend is an online headteacher and a specialist primary school head, an educational therapy team, works with children and young people in the NHS, mental health and education settings. A passionate advocate for young people's mental health, she is a Fellow of the Chartered College of Teaching and the author of the book 'MIND', a book which supports children with mental health issues.



# ONLINE SAFETY NEWSFLASH

## My Family's Digital Tool Kit

There are so many resources available for parents and carers about how to help keeping children safe online.

Internet Matters has a really great resource for parents called My Family's Digital Toolkit.

This is a personalised resource which gives age-specific advice, advice to deal with specific concerns, recommendations for digital tools to support children's interests and more.

The toolkit is free and you can find more details here:

<https://www.internetmatters.org/digital-family-toolkit/>

## Punctuality News

Bunny Class	Needs to improve	75%
Badger Class	Needs to Improve	84%
Bear Class	Excellent	95%
Puma Class	Good	94%
Panther Class	Excellent	95%
Cheetah Class	Good	93%
Lion Class	Good	90%
Tiger Class	Good	93%

EVERY  
MINUTE  
COUNTS



Better late than never,  
but never late is better.



Our registers close at 9am every day.

# IMPORTANT DATES FOR YOUR DIARIES

- \* 21st October 2024: Cycle Confident Yrs5 & 6
- \* 21st October 2024: Assessment Week
- \* 24th October 2024: Make Believe Assembly
- \* 25th October 2024: (term ends) Great Achievers & KS1 Rd Safety performance

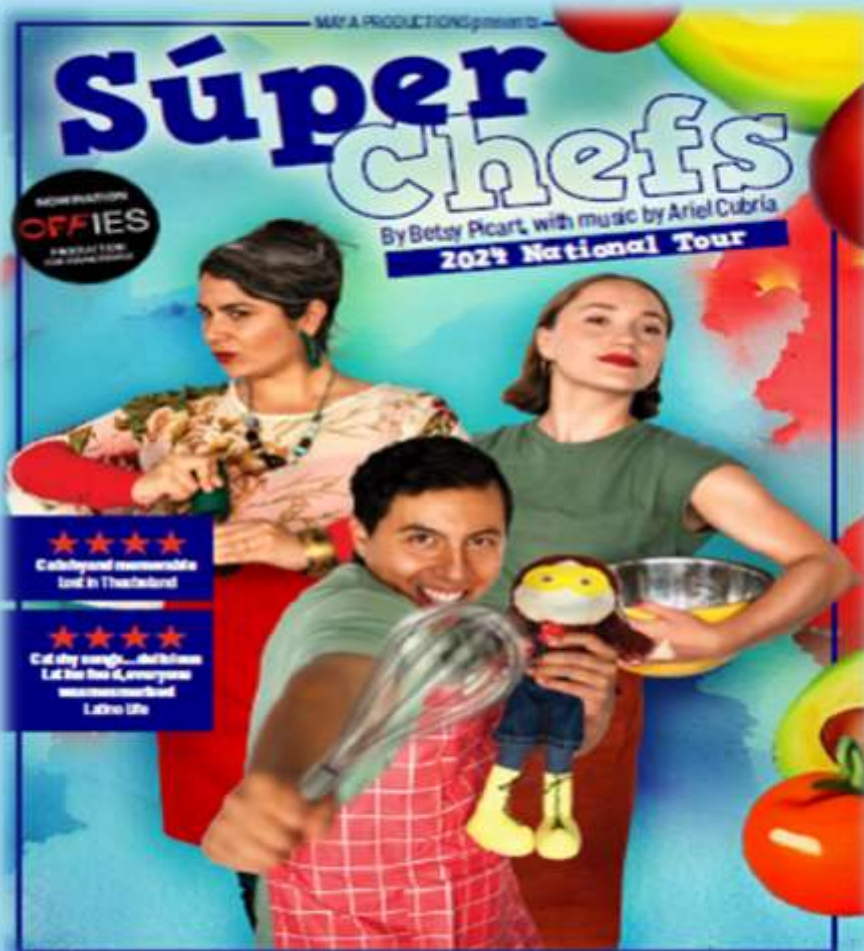
## 2024-25 TERM DATES

Term	Start Date	Finish Date	Number of Days
<b>Autumn One</b>			
Term One (2024)	Wednesday 4 <sup>th</sup> September 2024 Children return to school Monday 2 <sup>nd</sup> and Tuesday 3 <sup>rd</sup> September – INSET Days	Friday 25 <sup>th</sup> October	38 days
Holiday	Monday 28 <sup>th</sup> October	Friday 1 <sup>st</sup> November	
<b>Autumn Two</b>			
Term Two	Monday 4 <sup>th</sup> November	Thursday 19 <sup>th</sup> December Friday 20 <sup>th</sup> December INSET Day	34 days
Holiday	Monday 23 <sup>rd</sup> December	Friday 3 <sup>rd</sup> January 2025	
<b>Spring One</b>			
Term Three (2025)	Tuesday 7 <sup>th</sup> January 2025 Children return to school Monday 6 <sup>th</sup> – INSET Day	Friday 14 <sup>th</sup> February	29 days
Holiday	Monday 17 <sup>th</sup> February	Friday 21 <sup>st</sup> February	
<b>Spring Two</b>			
Term Four	Monday 24 <sup>th</sup> February	Friday 4 <sup>th</sup> April	30 days
Holiday	Monday 7 <sup>th</sup> April	Monday 21 <sup>st</sup> April	
<b>Summer One</b>			
Term Five	Tuesday 22 <sup>nd</sup> April	Friday 23 <sup>rd</sup> May	23 days
Bank Holiday	Monday 26 <sup>th</sup> May 2025		
Holiday	Tuesday 27 <sup>th</sup> May	Friday 30 <sup>th</sup> May	
<b>Summer Two</b>			
Term Six	Monday 2 <sup>nd</sup> June INSET Day Tuesday 3 <sup>rd</sup> June Children return to school	Tuesday 22 <sup>nd</sup> July	36 days
			Total = 195 days Total Teaching Days = 190 Days

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# COMMUNITY NEWS



**Ages 4-8**

**“Food brings la familia together”**

Manny tiene seis años y está preparando una cena especial. Él sueña con convertirse en un chef profesional como su mamá, o en un superhéroe como Mighty Mujer - ¡o en ambas cosas!

Pero su abuela, quien está a cargo del postre, tiene otras ideas sobre los niños en la cocina. Únete a la familia mientras cocinan, cantan y bailan en este musical interactivo que explora la familia, la comida y los roles de género... ¡con el sabor de la cultura latinoamericana!

**¡Para niños y niñas de 4 a 8 años y sus adultos!**

6-year-old Manny is preparing a special dinner. He dreams of becoming a pro-chef like his mum, or a superhero like Mighty Mujer - or both!

But his granny, who's in charge of the dessert, has other ideas about boys being in the kitchen. Join the family as they cook, sing, and dance in this interactive musical exploring family, food, and gender roles... with a taste of Latin American culture!

**A show for children aged 4-8 and their grown-ups!**

Educational resources and workshops are available for school groups.

October	November
10 - LONDON   WIMBLEDON - Puka Theatre	1 - SHEFFIELD - The Montgomery Theatre & Arts Centre
11 - BRISTOL - The Warehouse Theatre - PAPRA REST	2 - ST. HELENS - Sutton Family Hub - WONDERARTS
20 - CAMBRIDGE - Cambridge Junction	2 - BIRMINGHAM - Maflands Arts Centre
28 - LONDON   Brixton - Brixton House	5 - BRADFORD - Marshfield Primary School - KALASANAM
29 - NOTTINGHAM REGIS - ART TOWN	7 - LONDON   LINCOLN U.S.E. - Half Moon Theatre
31 - LONDON   WALWORTH - Southwark Heritage Centre and Walworth Library	11 - SOMERSET - Norton sub Hamdon Village Hall - TAKE ART
	11 - YORK - Frigate Theatre

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# COMMUNITY NEWS



## Low Cost/No Cost Family Fun in London

Please look at the organisations' websites to double check times and arrangements

### Lambeth Libraries Black History Month **FREE**

A celebration of history, arts, literature and film for more info check  
[www.lambeth.gov.uk/black-history-month](http://www.lambeth.gov.uk/black-history-month)

### Morden Hall Park **FREE**

Open every day 9am-5pm

A green oasis in the city at the heart of the community. Morden Hall Park is a National Trust park on the banks of the Wandle in Morden, south London.  
Morden Hall Road, Morden, London, SM4 5JD.

<https://www.nationaltrust.org.uk/visit/london/morden-hall-park>

### The Design Museum **FREE**

Open 10-5pm Weekdays 10-6 Weekends

The Design Museum in Kensington exhibits product, industrial, graphic, fashion, and architectural design.  
224-238 Kensington High St, London W8 6AG

<https://designmuseum.org/um>

### Walthamstow Wetlands **FREE**

October - March: 9:30am - 4pm, April - September: 9:30am - 5pm

Welcome to Walthamstow Wetlands, a huge, internationally important reserve. Just 15 minutes from central London, and free to visit, you will find a unique haven to explore, enjoy and connect with nature.

Walthamstow Wetlands, 2 Forest Rd, Walthamstow, London, N17 9NH

<https://www.wildlondon.org.uk/nature-reserves/walthamstow-wetlands>

### Changing the Guard **FREE**

Changing the Guard takes place at Buckingham Palace Forecourt every Mon, Wed, Fri and Sun. It starts at 10:45am and lasts for about 45 minutes. There is no ceremony on days when large events are held in the city centre, such as a State visit, the London Marathon or Trooping the Colour.

London SW1A 1AA

<https://www.changing-the-guard.com/>

### Coming Up

**Free Family Halloween Disco **FREE**** - Come in your best costume and dance the night away. Thurs Oct 31 2024 5-7pm - Station Hall/Herne Hill

**Drawing Room Family Studio **FREE**** A space for families to draw, make and experiment alongside an artist!

Sunday 3rd November and Sunday 1st December. Drop in between 12-4pm

Drawing Room, New Tannery Way, Bermondsey, London, SE1 5WS (just off Grange Road) [www.drawingroom.org.uk](http://www.drawingroom.org.uk)

**Dulwich Picture Gallery Art Sundays **FREE**** 1-1.45pm, 2-2.45pm & 3-3.45pm

24 Nov 2024, 29 Dec 2024, 26 Jan 2025, 23 Feb 2025, 30 Mar 2025, 27 Apr 2025 & 1 Jun 2025

Get inspired to make art as a family in these free monthly creative activities in the Art Studio. Activities are aimed at 7-12-year-olds and their families, siblings of all ages are welcome. Click the 'book now' button and then choose the session: 1-1.45pm, 2-2.45pm or 3-3.45pm. Max 5 tickets per family per timeslot. All children and adults require a ticket.

<https://www.dulwichpicturegallery.org.uk/whats-on/family-events/2024/november/art-sundays/>

Please contact Isla, Brixton Learning Collaborative ([brixtonlearningassistant@gmail.com](mailto:brixtonlearningassistant@gmail.com)) or

Rachel Thomas, Windmill Cluster ([rthomas@sudbourne.com](mailto:rthomas@sudbourne.com)) if you have a low cost no cost event that you would like us to feature.



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# COMMUNITY NEWS

## GIRLS UNITED

### OCTOBER FOOTBALL CAMPS

INDIVIDUAL  
**TECHNIQUE**  
**FOOTBALL** CLINICS  
WORKSHOPS  
**GAME-RELATED**  
PRACTICE

AGES 5 TO 14  
ALL LEVELS  
OF FOOTBALL  
EXPERIENCE  
WELCOME

  
Free & discounted  
memberships  
available

[girlsunitedfa.org/communitypricing](http://girlsunitedfa.org/communitypricing)



## OCTOBER FOOTBALL CAMPS



**IMPROVE** YOUR  
SKILLS ON AND OFF  
THE PITCH IN A **FUN**  
AND **SUPPORTIVE**  
ENVIRONMENT.

**GRIFFIN SPORTS  
GROUND**  
SE21 7AL

**31ST OCTOBER  
&  
1ST NOVEMBER**  
0900 -1500

**SIGN UP  
& PLAY!**

[girlsunitedfa.org/londoncamps](http://girlsunitedfa.org/londoncamps)



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