



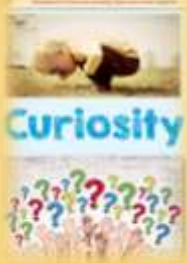
# Newsdesk

Friday 25th October 2024



[@Holy\\_TrinityCE](https://twitter.com/Holy_TrinityCE) Autumn Term 1 issue 73

Dear Parents/Carers,



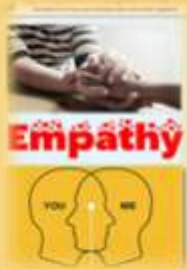
**FROM THE SENIOR LEADERSHIP TEAM,  
AND ALL STAFF MEMBERS WE WISH YOU ALL A  
VERY HAPPY AND RESTFUL HALF TERM.**

**HOPE YOU HAVE A WONDERFUL BREAK AND WE  
LOOK FORWARD TO SEEING ALL OUR  
WONDERFUL CHILDREN BACK IN SCHOOL ON THE  
6TH OF NOVEMBER 2024.**



**GOD BLESS YOU**

**MS. PAULINE THIMAS  
(ACTING HEADTEACHER)**



# Holy Trinity Values Ambassador



Our Pupil Values Ambassador this week is  
Marcus Angel Ruso

You are settled in class, show enjoyment in learning, and working hard in following instructions whilst working on activities.

Well-done.

# Holy Trinity Staff Values Ambassador



Our Staff Values Ambassadors this week is  
Ms. Valerie Mascoll

You are super helpful and work hard towards meeting the  
Needs of our high need pupils  
Thank you so much

**Excellence in how we worship, learn and work together!**



But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law.

## **Galatians 5:22–23**

As our children embark on the first half term of this academic year, it is a time to take stock on how the term has gone for them all, and as parents it is also a time to seat down and listen to how their learning experience has been .

It is also a time to help them develop some if not all of the characteristics of the Fruits of the Spirit as mentioned above.

As they grow and mature, these fruits are fruits that will guide them on their path of life, and will also make them successful In whatever they do and wherever they find themselves in life.

Happy Holidays.

Blessings



# Learning In Focus



What a way to end our First Term of the new academic year with Lots of events this week.

Check out the Photos below!

## GREAT ACHIEVERS CELEBRATIONS FOR END OF TERM



## BIKEABILITY KS2 PUPILS



## Well being ambassador kindness activity



Excellence in how we worship, learn and work together!

# ONLINE SAFETY NEWSFLASH

At National Online Safety, we believe in empowering parents, carers, and trusted adults with the information to help children and young people about online safety with their children, should they need it. It is our goal to have as many lives as we can protected with the best of advice that we can offer. We are always looking for further advice, tips and life hacks.

## What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted as a result of a tragic effect. We might be daunted by the scale of the tech giants and their content which is entering young people, but we can still help children to be aware of their mental wellbeing, recognising when something isn't OK... and knowing what to do about content that upsets them.

### 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by your interest; someone who regularly interacts with sports news, may see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

### 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

### 3. DISCUSS WHAT THEY'VE SEEN

Talking about what your child's seen online keeps you aware of the content that's being shared. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss why they're seeing what posts they do and what comes up in their feeds. If a post bothers you, it could be time for a more in-depth talk or to seek support.

### 4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as evaluating your preference any broader material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

### 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used, allowing you to set a limit. A child using too long on their phone can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules - for everyone to follow - around device use, such as screen time limits and 'tech-free' spaces. Involving your child in creating this agreement makes them more likely to stick to it.

### 6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to explore their independence but you can at all occasions try to see what they're doing at. Be transparent about your own social media use and try not to sound judgemental about your child's.

### 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound rings. Push notifications encourage us to open our apps and spend time on their devices, so turning them off will help your child to practice mindful use of tech. Most of us have other things that we need to focus on as a priority - and these notifications will still be there later, when we have more time.

### 8. USE DEVICES TOGETHER

Using children's internet-enabled devices and computer freedom to explore a platform on their own can result in exposure to highly damaging content. You could consider restricting a particular app at home or designating space to use phones, but this could be an excellent opportunity to monitor what content your child is viewing and if necessary, offer them away from any potentially harmful posts.

### 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and regular sleep for our mental wellbeing. Spending time on social media can cause us to neglect other activities that our bodies need to feel well - so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be increasingly beneficial.

### 10. TALK ABOUT PEER PRESSURE

Most platforms share children's accounts to friends, so only people they've accepted as friends will see their posts. This reduces the risk of bullying or online comments, but it's not always the case - the digital world can still leave children feel as if they need to fit in or post a certain way to fit in. Talk to your child about peer pressure, and help in any ways as you can provide the support they need.

### Meet Our Expert

Head forward in her role as headteacher at a specialist primary school and, as an emotional therapy coach, works with children to focus on the good, mental health and wellbeing aspects. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of The Bully at Work, a book which supports children with mental health.



www.nationonline-safety.com @nationonline-safety #WakeUpWednesday

# ONLINE SAFETY NEWSFLASH

## Parental Supervision - How Far is Too Far?

Many parents will opt to use apps to track and monitor the location and online activities of their children. These apps can be really beneficial (e.g. physical safety) but as with anything there are drawbacks (e.g. invasion of privacy).

Using the voices of young people, Voicebox have put together an excellent article which parents can use to give a more informed opinion of these apps and to use as discussion points with their children.

You can find the article here: <https://voicebox.site/article/parental-supervision-how-far-too-far>

## For Parents - Cyber Security

From financial scams, identity theft, using public WiFi and much more, cyber security is fundamental to all of our lives. Internet Matters have put together a number of articles and resources for parents and their children which cover topics including:

- Creating secure accounts.
- Phishing and ransomware.
  - Digital piracy, and much more.

You can find all the resources here: <https://www.internetmatters.org/resources/what-is-cybersecurity/>

# Punctuality News

Bunny Class	Needs to improve	79%
Badger Class	Needs to Improve	82%
Bear Class	Needs to Improve	84%
Puma Class	Good	93%
Panther Class	Needs to improve	78%
Cheetah Class	Needs to improve	88%
Lion Class	Good	92%
Tiger Class	Good	93%

EVERY  
MINUTE  
COUNTS



Better late than never,  
but never late is better.



Our registers close at 9am every day.

# IMPORTANT DATES FOR YOUR DIARIES

- \* 7th November 2024: Yr5 & Yr6 Road safety performance
- \* 8th November: International Day
- \* 11th November—15th November: Anti Bullying week
- \* 18th November: Parent Consultation Meeting
- \* 19th November: Governors Day

## 2024-25 TERM DATES

Term	Start Date	Finish Date	Number of Days
<b>Autumn One</b>			
Term One (2024)	Wednesday 4 <sup>th</sup> September 2024 Children return to school Monday 2 <sup>nd</sup> and Tuesday 3 <sup>rd</sup> September – INSET Days	Friday 25 <sup>th</sup> October	38 days
Holiday	Monday 28 <sup>th</sup> October	Friday 1 <sup>st</sup> November	
<b>Autumn Two</b>			
Term Two	Monday 4 <sup>th</sup> November	Thursday 19 <sup>th</sup> December Friday 20 <sup>th</sup> December INSET Day	34 days
Holiday	Monday 23 <sup>rd</sup> December	Friday 3 <sup>rd</sup> January 2025	
<b>Spring One</b>			
Term Three (2025)	Tuesday 7 <sup>th</sup> January 2025 Children return to school Monday 6 <sup>th</sup> – INSET Day	Friday 14 <sup>th</sup> February	29 days
Holiday	Monday 17 <sup>th</sup> February	Friday 21 <sup>st</sup> February	
<b>Spring Two</b>			
Term Four	Monday 24 <sup>th</sup> February	Friday 4 <sup>th</sup> April	30 days
Holiday	Monday 7 <sup>th</sup> April	Monday 21 <sup>st</sup> April	
<b>Summer One</b>			
Term Five	Tuesday 22 <sup>nd</sup> April	Friday 23 <sup>rd</sup> May	23 days
Bank Holiday	Monday 26 <sup>th</sup> May 2025		
Holiday	Tuesday 27 <sup>th</sup> May	Friday 30 <sup>th</sup> May	
<b>Summer Two</b>			
Term Six	Monday 2 <sup>nd</sup> June INSET Day Tuesday 3 <sup>rd</sup> June Children return to school	Tuesday 22 <sup>nd</sup> July	36 days
			Total = 195 days Total Teaching Days = 190 Days

# COMMUNITY NEWS



## Low Cost/No Cost Family Fun in London



*Please look at the organisations' websites to double check times and arrangements*

### Van Gogh House - Little Visitors

Sundays 10-11.30am

Drop-in kids art workshops. Tickets bought in bundles above 3 cost £5 each. Some free tickets for those who can't afford to pay. Discount code COMM24 can be used when selecting the 'One Child Tickets'.

87 Hackford Road, London SW9 0RE

<https://van-gogh-house.arttickets.org.uk/van-gogh-house/little-visitors-childrens-workshops-66d98685a0cda>

### Lambeth Libraries Black History Month **FREE**

A celebration of history, arts, literature and film for more info check

[www.lambeth.gov.uk/black-history-month](http://www.lambeth.gov.uk/black-history-month)

### Horniman Museum and Gardens **FREE**

Open every day 10am-5.30pm

Family Craft Saturdays, Saturdays 2pm - 4pm (last entry 3.30pm) Get stuck into some crafts and have fun with our wonderful volunteers at these free, drop-in sessions. Children must be accompanied by an adult.

On Saturday 26 October they will be making bat baskets.

100 London Rd, London SE23 3PQ

<https://www.horniman.ac.uk/whats-on/>

### South London Gallery **FREE**

Open 12-6pm Closed Mondays and Tuesdays

Participate in free family workshops and explore contemporary art.

Children's Garden Trail every Sat & Sun, 12-6PM. Aimed at young people aged 5-12 years,

contact [mail@southlondongallery.org](mailto:mail@southlondongallery.org) with access requirements and questions.

Free T-shirt Design Event Sat 26 Oct 2024, 11am-1pm

Make your own t-shirt, taking inspiration from your own cultural heritage and identities. Children will get the opportunity to express their creativity as fashion designers and models in their own end-of-session photoshoot!

Suitable for children aged 5-12 years with their parents and carers.

This session will be led by designer and photographer [Daniel Palmer](#).

65 Peckham Rd, London SE5 8UH

<https://www.southlondongallery.org/events/family-space-oct-2024/>

### Coming Up

Free Family Halloween Disco **FREE** - Come in your best costume and dance the night away. Thurs Oct 31 2024- 5-7pm - Station Hall/Herne Hill

Drawing Room Family Studio **FREE** A space for families to draw, make and experiment alongside an artist!

Sunday 3rd November and Sunday 1st December. Drop in between 12-4pm

Drawing Room, New Tannery Way, Bermondsey, London, SE1 5WS (Just off Grange Road) [www.drawingroom.org.uk](http://www.drawingroom.org.uk)

Dulwich Picture Gallery Art Sundays **FREE** 1-1.45pm, 2-2.45pm & 3-3.45pm

24 Nov 2024, 29 Dec 2024, 26 Jan 2025, 23 Feb 2025, 30 Mar 2025, 27 Apr 2025 & 1 Jun 2025

Get inspired to make art as a family in these free monthly creative activities in the Art Studio. Activities are aimed at 7-12-year-olds and their families, siblings of all ages are welcome. Click the 'book now' button and then choose the session: 1-1.45pm, 2-2.45pm or 3-3.45pm. Max 5 tickets per family per timeslot. All children and adults require a ticket.

<https://www.dulwichpicturegallery.org.uk/whats-on/family-events/2024/november/art-sundays/>

Please contact Isla, Brixton Learning Collaborative ([brixtonlearningcollaborative@gmail.com](mailto:brixtonlearningcollaborative@gmail.com)) or

Rachel Thomas, Windmill Cluster ([rthomas@sudbourne.com](mailto:rthomas@sudbourne.com)) if you have a low cost no cost event that you would like us to feature.



**OVAL  
LEARNING**

**Excellence in how we worship, learn and work together!**