



# Newsdesk

Friday 20th September 2024



@Holy\_TrinityCE Autumn Term 1 issue 68

Dear Parents/Carers,

Welcome to the new school year at Holy Trinity Primary School.

I wish to extend a very warm welcome to all our pupils and families. It is such a joy to see each child walk into school full of excitement and happiness. As I walked around the school this week, it was wonderful to see that the children have settled well into their new classes and are ready for the years' learning adventures.

This term we will be focusing on our school values: curiosity, resilience, happiness, hope, empathy and creativity all of which permeates our Christian values and Christian ethos. Our bible verse for this year is 'I can do all things through Christ who strengthens me.' Philippians 4:13. As we depend upon Christ, whether our circumstances are easy or hard, Christ strengthens us to persist and persevere, to rest, rejoice and to be content in all things. We will keep on keeping on. Galatian 6:9 says 'Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up.' We will continue to update you, over the next few weeks and I urge you to complete the formal consultation form online.

The staff team have been very busy thinking about our school, reflecting on the many successes of the year gone by and the great opportunities and challenges that lie ahead. We spent time thinking about our school mission and all the work that has taken place over the past year to help us achieve so much. We believe our children deserve the very best opportunities to learn and in our role as educators, we are continuing to refine our practice to ensure that we achieve this. We achieve and grow working together in partnership with you, so we are looking forward to working more closely with parents/carers over the coming year to ensure that our school continues to thrive in all areas.

## School Uniform

It is great to see our children come back to school looking so smart in our school uniform. As you know, we are very proud of the Holy Trinity School uniform and want to make sure that everyone takes pride in it and what it represents. This year we will be ensuring very strict adherence to the School Uniform Policy. Please help us by making sure that your child has the correct school uniform, (including PE kit) for school. A reminder of our School Uniform Policy, as agreed by our Governors will be sent home next week for you to use as a checklist.

It is very important that you ensure that all your child's belongings (including bags, lunch boxes) are clearly and securely labelled with your child's Full Name and Class; this will help to ensure the quick and easy return of items of lost property. Thank you for your full support and co-operation.

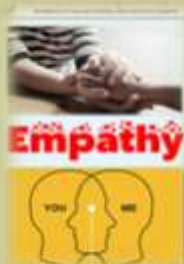
## Secondary School Transfer Meeting

It was such a pleasure to welcome our year 5 and year 6 parents and carers to the Year 6 Secondary Transfer Meeting on Tuesday 17th September 2024. We hope the secondary schools' presentations provided key information for you to begin the process of identifying preferable secondary schools for you to visit and choose for your child to attend in the near future. Should you require further information or assistance please do not hesitate to contact the school office.

## Forthcoming event

Friday 27th September at 9am – 10am: McMillan Cancer Support Coffee Morning. You are invited to join us over a cup of tea or coffee and a slice of homemade cake! The money we raise at our Coffee Morning will help towards improving the quality of care and resources for cancer patients. We are grateful to you for your support.

I hope you all have a wonderful weekend.  
Ms Thomas



# Holy Trinity Values Ambassador



Our Pupil Values Ambassador this week is  
Sophiann Davis

You demonstrate amazing enthusiasm for learning and as a result produce fantastic work. Well-done Sophiann!

# Holy Trinity Staff Values Ambassador



Our Staff Values Ambassadors this week is  
Ms. Lesa Pryce

You work extremely hard in all circumstances with a cheerful and joyful way of being, we appreciate you and all that you do. Thank you

**Excellence in how we worship, learn and work together!**

# ONLINE SAFETY NEWSFLASH

At National Online Safety, we look on to supporting parents, carers and teachers with all the information to help children and young people stay safe online. We carry out our work with children, young people and their families. We also help them to know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to get drawn into rabbit holes that aren't beneficial to our wellbeing. As platforms grapple with managing such legal but harmful content, lives are being impacted. Sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthral young people, but we can still help children to be aware of their mental health, recognising when something isn't OK, and knowing what to do about content that upsets them.

## What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

### 1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interests, someone who regularly follows to edit agains news, you will see the latest tweets at the top of their feed. Likewise, if a user browses content that can cause harm, their account will be recommended to them in future. Everyone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

### 2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown, there can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform's settings to see how you can take control of what your child's phone shows them when they open the app.

### 3. DISCUSS WHAT THEY'VE SEEN

Talking about what your child's seen online, like your review of the content they're looking at. Don't assume that algorithms are screening out inappropriate material, or warn that your child won't see anything as being harmful. Discuss who they're following, what posts they like and what comes up in their feeds. If it seems like it could be time for a more in-depth talk or to seek support.

### 4. LEARN HOW TO HIDE CONTENT

If your child struggles across unuitable content on social media, there's the option to hide that post as well as reporting your profile any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

### 5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used, providing the long on how can mean a 15-minute cut on other activities that are important for your child's wellbeing. You could set some family rules - for example to limit - smart device use, such as screen time limits and bedtime, or using parental controls to restrict your child's access to certain apps, making them more likely to stick to it.

### 6. MONITOR THEIR ACTIVITY

Keeping a close eye on how your child is using social media can help ensure they're not getting involved in dangerous situations. As they grow up, of course, children need space to explore their independence, but you can still occasionally sit in to see what they're doing at. Be transparent about your own social media use and try not to sound judgemental about your child's.

### 7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check our email or messages as soon as the alert sound plays. Push notifications encourage us to do so, and they can be a distraction from our studies, so turning them off will help your child to prioritise what's most important to them. Most of us have other things that we need to focus on as a priority - and these notifications will still be there later, when we have more time.

### 8. USE DEVICES TOGETHER

Using children's internet-enabled devices and complete freedom to explore a platform on their own can result in exposure to hugely damaging content. You could consider making a particular time at home a designated space to use phones, tablets and so on, involving it with your child in making what content your child is viewing and any potentially harmful posts.

### 9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, regular time with loved ones, a balanced diet and mental space for our minds to be busy. Spending hours on social media can make it harder to explore other activities that our kids need to feel well. We encourage your child to put down their phone and enjoy something that doesn't involve a screen can be increasingly beneficial.

### 10. TALK ABOUT PEER PRESSURE

Most platforms cater to children's accounts in private, so only people they're connected to friends will see their posts. This reduces the risk of bullying or unkind comments, but it's not the end of the line - the digital world can still make children feel as if they need to do or have a certain way to fit in. Talk to your child about peer pressure, and what it can mean to be so concerned the support they need.

### Meet Our Expert

Shirley Townsend is an online headteacher and a specialist primary school and, as an educational therapist, works with children and young people in the school. She is also a member of the National Online Safety's advisory panel. A passionate advocate for children's wellbeing, she is a Fellow of the Chartered College of Teaching and the author of the book 'The Online Safety Handbook', a book which supports children and young people.



# 10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercises which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

## 1 MAKE IT FUN

Integrate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social relationships and a sense of belonging.

## 2 MIX MOVEMENT WITH LEARNING

Integrating physical activity into lessons can boost attention and cognitive function. Incorporating exercises into the curriculum can also enhance learning and students' overall health and well-being. Collaborate with subject teachers.

## 3 CREATE OPPORTUNITIES

Provide clear choices for physical activity throughout the day. Both in-school and out-of-school. Encourage active play during breaks and out-of-school, when setting screen time of limits can help keep children up and alert.

## 4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognize their progress and celebrate their successes to reinforce positive behaviors. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

## 5 VARIETY IS KEY

Introduce a collection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

## 6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or outshining others. Emphasize effort, improvement and having fun with it. Encourage children to participate in activities that involve less competition, such as sports and other group games.

## 7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, skills and preferences. Celebrate their progress and encourage them to maintain motivation and enthusiasm.

## 8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for facilities and programs which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

## 9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritizing their own exercise and leading children in their fitness routines. Involvement in physical activity can be rewarding opportunities for bonding and staying active together.

## 10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of persistence and the value of effort in achieving their goals.

### Meet Our Expert

Adam Millitt is a learning and development specialist who, as well as working for Maths Ahead, is assistant vice principal for personal development at a large secondary school in Hampshire. He was asked to be part of an expert network group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

X @wake\_up\_weds

f /www.thenationalcollege

ig @wake.up.wednesday

yt @wake.up.weds

Views of this guide do so at their own discretion. No liability is entered into. Current as of the date of red issue 18.06.2024

# ONLINE SAFETY NEWSFLASH

## Gaming Tips for Parents of Neurodivergent Children.

Internet Matters have released another really useful guide, this time it's all about online gaming safety tips for parents and carers of neurodivergent children. It's a simple 5-page guide covering the research, example games, some of the challenges which parents face and the all-important benefits.

It's a great little guide which you can download here: <https://www.flipsnack.com/internetmattersorg/guidance-for-parents-of-neurodivergent-gamers-internet-matters/full-view.html>

Also, The ABC Online safety Checklist.

Internet Matters have done it again, this time with a really simple guide for parents using Activate, Balance and Check.

The ABC's are broken down by age to make this as simple as possible for parents: all ages, under 5's, 6-10, 11-13 and 14+. Definitely worth sharing with your parents and I'll definitely be using it in my parent training sessions.

You can download the guide here: <https://www.internetmatters.org/resources/abc-online-safety-checklist/>

# Punctuality News

Bunny Class	Needs to improve	82%
Badger Class	Needs to improve	79%
Bear Class	Good	91%
Puma Class	Excellent	100%
Panther Class	Needs to improve	83%
Cheetah Class	Good	92%
Lion Class	Excellent	96%
Tiger Class	Good	95%

EVERY  
MINUTE  
COUNTS



Better late than never,  
but never late is better.



Our registers close at 9am every day.

# IMPORTANT DATES FOR YOUR DIARIES

- \* 23rd September 2024: SEND Parents Coffee Morning
- \* 27th September: McMillan Coffee Morning

## 2024-25 TERM DATES

Term	Start Date	Finish Date	Number of Days
<b>Autumn One</b>			
<b>Term One (2024)</b>	<b>Wednesday 4<sup>th</sup> September</b> Children return to school <i>Monday 2<sup>nd</sup> and Tuesday 3<sup>rd</sup> September – INSET Days</i>	<b>Friday 25<sup>th</sup> October</b>	<b>38 days</b>
Holiday	Monday 28 <sup>th</sup> October	Friday 1 <sup>st</sup> November 2024	
<b>Autumn Two</b>			
<b>Term Two</b>	<b>Monday 4<sup>th</sup> November</b>	<b>Thursday 19<sup>th</sup> December</b> <i>Friday 20<sup>th</sup> December INSET</i>	<b>34 days</b>
Holiday	Monday 23 <sup>rd</sup> December	Friday 3 <sup>rd</sup> January 2025	
<b>Spring One</b>			
<b>Term Three (2025)</b>	<b>Tuesday 7<sup>th</sup> January</b> Children return to school <i>Monday 6<sup>th</sup> – INSET Day</i>	<b>Friday 14<sup>th</sup> February</b>	<b>29 days</b>
Holiday	Monday 17 <sup>th</sup> February	Friday 21 <sup>st</sup> February	
<b>Spring Two</b>			
<b>Term Four</b>	<b>Monday 24<sup>th</sup> February</b>	<b>Friday 4<sup>th</sup> April</b>	<b>30 days</b>
Holiday	Monday 7 <sup>th</sup> April	Monday 21 <sup>st</sup> April	
<b>Summer One</b>			
<b>Term Five</b>	<b>Tuesday 22<sup>nd</sup> April</b>	<b>Friday 23<sup>rd</sup> May</b>	<b>23 days</b>
Bank Holiday	Monday 26 <sup>th</sup> May 2024		
Holiday	Tuesday 27 <sup>th</sup> May	Friday 30 <sup>th</sup> May	
<b>Summer Two</b>			
<b>Term Six</b>	<i>Monday 2<sup>nd</sup> June INSET Day</i> <b>Tuesday 3<sup>rd</sup> June</b>	<b>Tuesday 22<sup>nd</sup> July</b>	<b>36 days</b>
			<b>Total = 195 days</b> <b>Total Teaching Days = 190</b>

# COMMUNITY NEWS



## Low Cost/No Cost Family Fun in London

Please look at the organisations' websites to double check times and arrangements

### Urban Elephant Festival 2024 **FREE**

World fusion and cross-cultural collaboration takes centre stage in Elephant and Castle this September.

Friday, 13 September 3pm - 9pm

Saturday, 14 September 12pm - 6pm

<https://www.elephantpark.co.uk/>

### Giant Dolls House Project at the Guildhall Art Gallery **FREE**

A day workshop at the Gallery designing your own shoebox building, home or place as part of installation that will be displayed in Guildhall Art Gallery. When you're finished head into the Gallery for a story corner with library, cushions, costumes, and soft play building bricks. Event is for children aged 3-13 and their families not suitable for individual adults. The activities are free, but booking is advised.

**PLEASE BRING YOUR OWN SHOEBOX** - as they will have limited supplies - all other materials will be provided for creating your own special building.

Saturday 14 September 11.00am - 4.00pm

Guildhall Art Gallery, Guildhall Yard, EC2V 5AE

<https://www.thecityofldn.com/event/second-saturday-giant-dolls-house-project/>

### Wonder Day! Visit Southwark's recycling centre **FREE**

Ever WONDERED what happens to your recycling? Southwark's FREE fun-filled, family-friendly Wonder Day is back.

Saturday 14th September 2024, 10am - 4pm

Southwark Integrated Waste Management Facility, 43 Devon Street (off Old Kent Road), London, SE15 1PD

<https://www.southwark.volia.co.uk/welcome-wonder-day>

### Family bike ride, starting in Burgess Park, SE5 **FREE**

This is a FREE slow-paced ride, suitable for anyone who can cycle one mile or more independently. Bikes are available to borrow or you can bring your own.

Saturdays and Sundays in September 13:30 - 15:00

The ride starts and ends in Burgess Park, Albany Rd, London SE5 0AH

The meeting place is the waste ground behind Giraffe House next to the BMX track. Please be aware that the training location is hidden behind one of the hills in the park!

<https://www.eventbrite.co.uk/e/southwark-family-bike-ride-starting-in-burgess-park-tickets>

### Coming Up

**Longfield Hall Puppet Festival £6** Fridays 5.30pm on 18<sup>th</sup> September, 27<sup>th</sup> September, 25<sup>th</sup> October and 22<sup>nd</sup> November Longfield Hall Trust, 50 Knatchbull Road, London, SE5 9QY [www.longfieldhall.org](http://www.longfieldhall.org)

**Brixton Windmill - Wed 18th, 7.25pm - Free Bat Walk in Windmill Gardens**

<https://www.brixtonwindmill.org/events/free-bat-walk-with-dr-ian-boulton-3/>

Free family bake club on Saturdays in November - check their website for more information

<https://www.brixtonwindmill.org/all-events/special-events/>

Please contact Isla, Brixton Learning Collaborative ([brixtonlearningassistant@gmail.com](mailto:brixtonlearningassistant@gmail.com)) or

Rachel Thomas, Windmill Cluster ([rthomas@sudbourne.com](mailto:rthomas@sudbourne.com)) if you have a low cost no cost event that you would like us to feature.



Excellence in how we worship, learn and work together!

# COMMUNITY NEWS



165 Tyers St, London SE11 5HS  
Info@vauxhallcityfarm.org  
020 7582 4204  
www.vauxhallcityfarm.org

## Youth and Education Facilitator Recruitment Pack

Job Title	Youth and Education Facilitator
Salary	£15.00 per hour
Contract Type	Zero Hour Contract
Responsible to	Education Manager

### About Vauxhall City Farm

Vauxhall City Farm is a registered charity governed by a board of Trustees and regulated by the Charity Commission for England and Wales.

We deliver our mission through a range of educational, horticultural and recreational workshops, volunteering, tours and many visitor experiences of an urban farm.

Our aims are to:

- Support children and disadvantaged people to boost their confidence and aspirations via the development of personal, social, life and practical skills
- Promote emotional, mental, social and physical health and well-being
- Develop environmental awareness and action
- Strengthen community cohesion
- Create enjoyment and recreational opportunities for those from our local and wider communities

Set in 1.5 acres Vauxhall City Farm is a 'piece of the countryside come to town' in the heart of Vauxhall, within earshot of Big Ben, and in the shadow of the London Eye. Just minutes away from the Thames and Westminster, the Farm offers all the sights and smells of the countryside, attracting over 60,000 visitors each year. Making it one of London's greatest hidden treasures.

The Farm has an exceptional range of animals, birds, pond life, ecological habitats, insects, herbs, plants, vegetables and trees, as well as:

- An all-weather floodlit riding arena and paddocks
- A visitor and family friendly café
- A community garden with an outdoor learning space
- A range of different "outdoors" environments, animals, plants, and natural habitats that directly support the curriculum needs of over 30 inner-city schools (that cannot be accommodated on their cramped inner-city sites).
- High quality modern meeting/classroom/training/events facilities (that provide ideal facilities and a very different "inner-city environment") for corporate team building events, training, art/crafts and music activities and exhibitions.



# COMMUNITY NEWS



📍 165 Tyers St, London SE11 5HS  
✉ [Info@vauxhallcityfarm.org](mailto:Info@vauxhallcityfarm.org)  
☎ 020 7582 4204  
🌐 [www.vauxhallcityfarm.org](http://www.vauxhallcityfarm.org)

## About The Role

This is an exciting opportunity to become involved with one of London's hidden treasures and support us in being able to provide opportunities, education and training to the local community and beyond. As a small yet growing charitable organisation, this also offers candidates an opportunity for personal and professional growth.

## Main Purpose of the Job

To deliver educational programmes that take place at Vauxhall City Farm such as our Afterschool Clubs, that engage young people aged 8 to 16. To support the Education Team in facilitating events and activities for our local community of all ages. The role will be a minimum of 3 hours per week during term time, for the right candidate this could be up to 9 hours weekly.

## Main Responsibilities

- To deliver our educational programmes encompassing themes of animal education and care, environmental awareness, sustainability, farming, healthy living and food production.
- To support with programme administration.
- To work closely with the education team to ensure all programmes are delivered to the highest standard.
- To be able to work afterschool hours (weekdays 4pm – 7pm) and possible weekends
- To ensure that all Safeguarding and Health and Safety requirements for schools and visiting children are implemented and adhered to.
- Other reasonable duties as required.
- To comply with the arrangements made to deliver services in accordance with the Vauxhall City Farms Equal Opportunities Policy.
- To adhere to all health and safety instructions and not to do anything that might endanger themselves or others, to report to their line manager any dangerous situations in the work place or any shortcomings in health and safety arrangements that they perceive.

## Person Specification

### Essential:

- Experience working with children and young people
- Proven organisation skills and experience in managing groups
- The ability to work on own initiative
- The ability to work afterschool hours (weekdays 4pm – 7pm) and possible weekends
- Strong interpersonal and communication skills and an ability to relate to people of all ages.

### Desirable:

- Experience working in an outdoors education setting.
- Experience of supporting children and adults with individual needs
- A good understanding of Health and Safety procedures and Safeguarding practices
- Confident working with and around animals
- Knowledge of safeguarding and equality and diversity

# COMMUNITY NEWS



165 Tyers St, London SE11 5HS  
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## How to apply

To apply for the Youth and Education Facilitator position please submit:

- C.V. – maximum 2 sides of A4
- A covering letter (no more than 2 pages, minimum font size 11) letting us know:
  - Why you are interested in the role.
  - The skills and experience you will bring that align with the Job Description / Person Specification.

Email the above to: [recruitment@vauxhallcityfarm.org](mailto:recruitment@vauxhallcityfarm.org) with the subject: Youth and Education Facilitator recruitment

## Employment requirement

The post holder must have the right to work in the UK and will be required to provide the necessary paperwork to verify this.

As the role requires close working with children/vulnerable people the post holder will be subject to an enhanced Disclosure and Barring Service (DBS) clearance on appointment.

By applying for this vacancy, you consent to the safe storage and handling of any personal data you have provided us with. We will never share your data with a third-party without your consent. You can request the removal of your data at any time, by emailing [info@vauxhallcityfarm.org](mailto:info@vauxhallcityfarm.org).

*Vauxhall City farm strives to be a diverse and inclusive workplace. We particularly welcome applications from people who identify as Black, Asian or other minoritised backgrounds who are underrepresented on the Farm.*

# AFTERSCHOOL CLUB

**FREE 6 week programme for ages 8 - 12 welcome,  
every Thursday 4 - 6pm**

Our programme focuses on developing communication, collaboration, critical thinking & creativity in young people, helping them grow in confidence and succeed in their education.

## Registration

Autumn Term 1: 26th September - 24th October

Autumn Term 2: 7th November - 12th December

Spring Term 2: 27th February - 27th March

Summer Term 1: 24th April - 22nd May

This opportunity is for students from low-income households or who receive benefit-related free-school meals and would benefit academically from this programme.



For more information and to register, please email  
[education@vauxhallcityfarm.org](mailto:education@vauxhallcityfarm.org).

